

MENTCH MOMENTS



Mentch Building Board
For Grades 6-12

*Play for the first 5-10 min of class for a month.
Notice and discuss patterns and trends that arise.*

INSTRUCTIONS:

1. Divide class into partners
2. One partner selects a Mentch Moment card and read the quote.
3. Answer one of these questions:
'When did I do this?' or 'What does this remind me of?'
4. Next partner selects a card and shares a Mentch Moment.
5. Match the Mentch Moment Story to one of the 3 steps on the back.

MENTCH MOMENTS

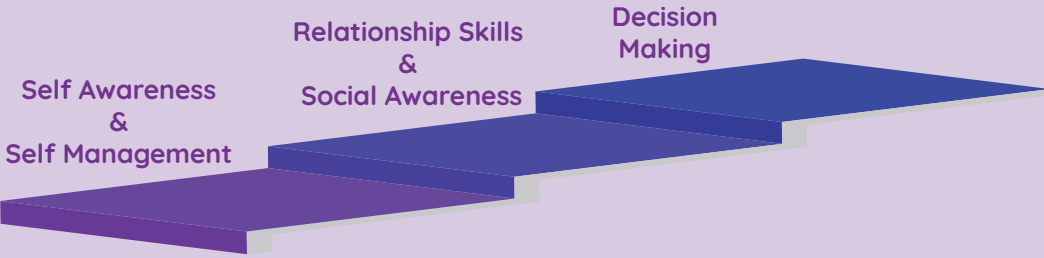
Contact Smadar Goldstein at BetterLesson:



Smadar.Goldstein@betterlesson.com |



347-620-4086



Self Awareness & Self Management



Emoji Mood Meter



Self Awareness Moments



Group Work & Self Reflection



Charting Positive Strengths

Relationship Skills & Social Awareness



I Wish My Teacher Knew...



Sharing Classroom Ownership



Creating Classroom Values



Difficult Conversations



Exploring Multiple Perspectives:

Decision Making



How You Can Make A Difference (5-6th grade).



What Would You Do?



Building an Understanding of the Brain State Model



Creating a *Pinat Shalva* פינת שלווה - Serenity Corner in your classroom

