Define, Explore, Build.

In our coaching and workshops, we take participants through a three step process to identify their needs and create an implementation plan: Define, Explore, Build. If you’d like, we invite you to use that process here as you think about your professional development needs.
Define

What are your top instructional needs or priorities?
1. 
2. 
3. 

Explore

Based on more than 10 years of working with and learning from effective educators, we created a framework for the 5 Essential Elements of Student-Centered Learning.

In the following catalog, we use this framework to organize the support we provide for distance, hybrid, and flexible learning topics.

Build

Now let’s gather a little more information to start to put together your plan.

1. What are the top 4 topics that your educators need support with? Choose from the topics on the following pages.
   1. 
   2. 
   3. 
   4. 

2. Which groups of staff need support? Circle all that apply.
   
<table>
<thead>
<tr>
<th>ROLES</th>
<th>TEACHERS</th>
<th>ADMINISTRATORS</th>
<th>INSTRUCTIONAL COACHES OR TEACHER LEADERS</th>
</tr>
</thead>
<tbody>
<tr>
<td>LEVEL</td>
<td>ELEMENTARY</td>
<td>SECONDARY</td>
<td></td>
</tr>
</tbody>
</table>

Other characteristics: 

3. Who do you need to work with in the design or implementation of the flexible learning professional development plan?

4. How much time do your teachers or leaders have available for professional development?
   
<table>
<thead>
<tr>
<th>3-8 HOURS</th>
<th>8-16 HOURS</th>
<th>16+ HOURS</th>
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In this guide, browse the topics on which we support teachers, instructional coaches, and administrators through Virtual Workshops and 1:1 virtual coaching. To learn more about those services, see the last page of this guide.
Class Culture and Student Engagement

Social-Emotional Learning: Building Meaningful Relationships
How can teachers build a learning community, instead of just managing a classroom? By building relationships, students will feel more comfortable seeking support, collaborating, and taking ownership of learning. In coaching or a Virtual Workshop, participants will:
- Define the social-emotional learning (SEL) core competencies
- Explore strategies like the “5-Whys” protocol
- Build and get peer feedback on their plan to integrate SEL into their class culture

Collaborative Learning: Working Together in New Ways
In this time of social isolation, it is more important than ever that students learn together. Yet it can feel daunting to promote collaboration either when teaching remotely or in classrooms that may look quite different. In coaching or a Virtual Workshop, participants will:
- Define the role of trust and “visible” learning
- Explore strategies such as consultancies, HyperDocs and pulse checks
- Build and get peer feedback on a plan to build collaboration systems

Communication and Feedback: Building a Two-Way Street Between Students and Teachers
How can teachers choose tools and set norms for communicating at a distance? How can they create a space—in the classroom and online—where students can support each other and give feedback? In coaching or a Virtual Workshop, participants will:
- Define the features of a two-way communication system that supports student voice
- Explore strategies such as back-channeling and tutor spaces, and review tech tools
- Build and get peer feedback on a plan for building healthy communication systems

Class Community: Creating a Safe and Positive Culture through Systems
Creating a safe and inclusive class culture is the bedrock of all learning. Whether in-person or online, students need routines and expectations, a sense of trust, community, and self-care. In coaching or in a Virtual Workshop, participants will:
- Define the 8 cultural forces, and how they apply at a distance
- Explore real-life scenarios and strategies like gamification, breakout rooms, and consultancies
- Build and get peer feedback on a plan to create positive class culture in flexible learning

Family Partnerships: Working Alongside Caregivers to Deepen Learning
Parents and other caregivers are essential to student success, whether in school or at home. By taking an “asset-based mindset”, teachers can nurture two-way partnerships with families. In coaching or a Virtual Workshop, participants will:
- Define the potential for partnership, drawing on their experiences as teachers and parents
- Explore how to give “space and grace” using tools like choice boards
- Build and get peer feedback on their plan to foster positive family relationships
Responsive and Inclusive Practices

**Systemic Racism: Identifying How it Shows Up in Schools**

Most of us grew up with an incomplete and/or inaccurate understanding of systemic racism. Yet to build more equitable schools, we need to understand our history and present. In this Virtual Workshop, participants will:

- Define key ideas in the history of the U.S. school system and how our curriculum and behavior management systems have been shaped by systemic racism
- Explore real life examples of how systemic racism shows up today
- Build and get peer feedback on a plan to audit your own classrooms and school systems

**Anti-Racism Fundamentals: Building Understanding about Race in Mostly White Classrooms**

For White students and teachers who want to be anti-racist co-conspirators, it can feel hard to know where to begin. But these challenging conversations can be handled with respect and zeal. In this Virtual Workshop, participants will:

- Define key concepts like bias, privilege, racial socialization, and critical history
- Explore the messages we send to students that perpetuate racist ideas
- Build and get peer feedback on a plan to build critical consciousness for yourself and your students

**Curriculum for Social Justice: Examining What We Teach and How to Critique it**

Curriculum influences our view of the world. If we want to build anti-racist schools, we must be willing to critique our standard content- and teach students to do the same. In this Virtual Workshop, participants will:

- Define the tools and approaches of anti-racist co-conspirators
- Explore real-life curricular examples and practice critique
- Build and get peer feedback on a plan to examine our curricula

**Bias and Privilege: Self-Reflecting and Using our Power for Change**

Change starts with self-reflection, education, and growth. Teachers and leaders play an important role in shaping the learning communities our students experience. In this Virtual Workshop, participants will:

- Define key concepts like implicit bias, anti-racism, and privilege
- Explore self-reflection strategies
- Build and get peer feedback on a plan to recognize our own biases and make positive changes
Disrupting Deficit Narratives: Culturally-Responsive Tools to Challenge Bias and Honor All Students

Unfortunately, we have all been exposed to “deficit narratives” about some students: that they don’t want to learn, don’t belong, or can’t achieve at high levels. As educators, we can learn to spot these implicit and explicit biases and interrupt them. In coaching or a Virtual Workshop, participants will:

- Define terms like microaggression, false narrative, fixed mindset, and systemic injustice
- Explore culturally-responsive strategies to spot and disrupt deficit narratives
- Build and get peer feedback on a plan to create a positive, asset-based classroom

Social-Emotional Learning 101: Developing Self-Regulation and Growth Mindset

Now more than ever, students deserve support in identifying, welcoming, and managing their emotions so that they can learn and thrive. Educators can create a safe space in school and at a distance by building self-awareness, self-care, and growth mindset. In coaching or a Virtual Workshop, participants will:

- Define 5 core competencies of SEL
- Explore strategies and lesson examples
- Build and get peer feedback on their plan to enhance SEL

Classroom Culture: Building a Culturally-Responsive Community

Culture is the set of values, goals, and practices that help a community thrive. In a culturally-responsive classroom, all students feel respected for the experiences, passions, and skills they bring. In coaching or in a Virtual Workshop, participants will:

- Define The Clover Model and the 7 principles of culturally responsive teaching
- Explore strategies that foster a sense of belong, student agency, reflection, and physical comfort
- Build and get peer feedback on a plan to design a culturally responsive classroom community

Culturally Responsive Teaching: Moving from Awareness to Action

Culturally responsive teaching ensures all students feel safe, valued, and included in their class community. To make it replicable and sustainable requires a deep commitment to changing practice. In coaching or a Virtual Workshop, participants:

- Define “microaggressions” and other forms of bias
- Explore strategies to respond productively to them
- Build and get peer feedback on their plan for addressing unconscious bias

Equity and Access: Ensuring All Students Meet Their Potential

Educators know that equity is about more than tech access; it’s about ensuring every child is supported, included, and given a voice. How can teachers evaluate their distance or hybrid courses for equity by taking the student’s point of view? In coaching or in a Virtual Workshop, participants will:

- Define key levers such as universal design, academic and emotional support, and inclusion
- Explore real life scenarios to identify gaps in access
- Build and get peer feedback on their plan for improving equity

English Learners: Building Language Skills Through Problem-Based Learning

Diversity and inclusion benefit all learners. The tools we use to support English Learners or those who are struggling can build language skills, teach problem-solving, and increase engagement for all students. In coaching or in a Virtual Workshop, participants will:

- Define Problem-Based Learning, specifically to develop language skills (PBELL)
- Explore strategies that build student agency, communication, and background knowledge in English Learners as well as other student groups
- Build and get peer feedback on their plan to support all students
Trauma-Informed Practices: Creating Safe Spaces

Trauma-informed practices are always essential to meet students’ needs, but even more so in the face of a pandemic and ongoing racial violence. Whether in school or at a distance, teachers can create a safe environment, stay aware of triggers, and tend to their own wellbeing. In coaching or in a Virtual Workshop, participants will:

- Define childhood trauma and its impact
- Explore scenarios related to self-management, social awareness, relationship skills, and decision-making
- Build and get peer feedback on their plan for trauma-informed practice

Trauma-Informed Systems: Building Positive Learning Environments

Trauma-informed practices go beyond our interactions with individual students. How can teachers create positive learning communities and make trauma-informed practices sustainable and consistent over time? In coaching or a Virtual Workshop, participants will:

- Define trauma and its impact
- Explore examples of how to “practice positive” and foster student ownership
- Build and get peer feedback on their plan to build a trauma-informed system
Flexible Instructional Models

**Flexible Instructional Models**

**Setting Up Space: Organizing Flexible Learning Spaces**
What does a great flexible learning “classroom” look like? Organization systems are the foundation for success, by helping students access resources and collaborate both in the classroom and at a distance. In coaching or in a Virtual Workshop, participants will:
- Define what makes an “organizing tool” effective
- Explore examples like LMS options, choice boards, and communication tools
- Build and get peer feedback on a plan for their flexible learning organization system

**Meaningful Tasks: Designing Engaging Learning Experiences**
Learning tasks have many goals: introducing new material, group work, discussion, assessment, and more. Many teachers find it challenging to adapt in-person tasks to distance learning—especially asynchronous tasks. In coaching or in a Virtual Workshop, participants will:
- Define the 10 principles of distance learning tasks
- Explore scenarios from real classrooms, including tools like choice boards
- Build and get peer feedback on their plan for effective learning tasks

**Meaningful Tasks Expanded: Creating Multi-Day Learning Experiences**
In remote, hybrid, or COVID-modified in-person learning, it can be challenging to cover material in depth and keep students engaged. Breaking up learning tasks over several days allows students to engage with concepts more deeply, using the best of synchronous and asynchronous models.
- Define the benefits of extending tasks over multiple days to differentiate and deepen instruction
- Explore strategies to make multi-day learning task manageable for teachers and students, such as a playlist
- Build and receive peer feedback on a plan to create meaningful multi-day learning experiences

**Flexible Assessment: Designing Authentic Assessments to Check Progress**
Effective student assessment provides critical data for personalizing instruction. Though it can seem challenging, online assessment tools can be used to motivate students, offer feedback, and authentically evaluate progress. In coaching or in a Virtual Workshop, participants will:
- Define authentic assessment
- Explore real-life scenarios and tech tools
- Build and get peer feedback on their plan for authentic assessment

**Learning Cadence: Using Time to Organize Learning**
In a traditional school, teachers shape their lessons around the bell schedule. With flexible learning, educators have many options for organizing time to balance direct instruction, practice, and collaboration, in school and at a distance. In coaching or in a Virtual Workshop, participants will:
- Define the pillars of distance learning, including synchronous and asynchronous learning
- Explore examples of “learning cadence” options, like playlists
- Build and get peer feedback on their plan for using time effectively in flexible learning settings
Synchronous Learning: Bringing Live Learning to Life

Synchronous learning includes any activities that students and teachers do together. How can teachers make the most of their time online with students—to engage them, answer questions, collaborate, and build community? In coaching or in a Virtual Workshop, participants will:

- Define the pros and cons of “synchronous” learning
- Explore examples of office hours, ‘live lessons’ via video, breakouts, and coaching formats
- Build and get peer feedback on a plan to enhance their synchronous teaching

Asynchronous Learning: Pathways for Students to Learn at Their Own Pace

Flexible learning models provide a golden opportunity to personalize learning. It can be challenging for teachers to create tasks for students to do “on their own”, but done well, engagement and growth soar. In coaching or in a Virtual Workshop, participants will:

- Define how goals, benchmarks, organization, assessment, and support allow students to work at their own pace
- Explore tech tools and experience self-paced learning
- Build and get peer feedback on their plan for asynchronous learning

Student Autonomy: Supporting Students to Set Goals and Reflect

Student autonomy is key in flexible learning environments, as students are asked to manage more of their progress. Transferring ownership to students empowers them to set goals and reflect on their progress. In coaching or a Virtual Workshop, participants will:

- Define how student autonomy leads to accountability, confidence, and academic and personal growth
- Explore systems for goal setting and reflection, such as self-assessment, student choice, and conferencing
- Build and get peer feedback on a sustainable, manageable plan to develop student autonomy

“Temperature Check”: Gathering Data to Improve Instruction Under Flexible Learning

As learning models change, traditional teacher observation and evaluation may not work. With the New “temperature check” approach, instructional leaders effectively and empathetically gather a variety of data to support educators’ growth and understand students’ and families’ experiences. In coaching or a Virtual Workshop, participants will:

- Define the features of effective learning in flexible settings, including distance, hybrid, and concurrent
- Explore strategies to use check-ins, surveys, student work and other data to create a picture of teaching and learning
- Build and get peer feedback on a plan for your school’s “temperature checks”

Hybrid Learning: Best Practices for Concurrent Models

Educators have been learning new teaching modalities at an unprecedented pace. One of the most complex is concurrent learning, a form of hybrid learning where teachers must support students in the classroom as well as online at home at the same time. In coaching or a Virtual Workshop, participants will:

- Define best practices for building relationships, establishing systems, and organizing content
- Explore strategies and resources to make concurrent teaching more manageable and sustainable
- Build and receive peer feedback on a plan for creating a concurrent classroom that meets the needs of all learners
**Digital Citizenship: Creating a Safe And Thriving Learning Space Online**

As students learn more frequently in a digital environment, we need to model new expectations and skills to keep them safe. In coaching or a Virtual Workshop, participants will:

- Define the benefits and challenges of traditional digital citizenship
- Explore real-world scenarios and tools
- Build and get peer feedback on their plan to create safe digital spaces

**Make Tech More Meaningful: The SAMR Digital Integration Framework**

When choosing technology, we might consider 4 ways it could change the learning task: substitution, augmentation, modification and redefinition. This model ensures we have the right tool for the task. In coaching or in a Virtual Workshop, participants will:

- Define SAMR
- Explore a variety of tech tools to understand how they make learning more efficient or meaningful
- Build and get peer feedback on their plan to evaluate their tech integration
Curriculum and Academic Content

Diverse Student Populations: Supporting English Learners and Students with Disabilities
Scaffolds, equity, access, and relationships—this is how teachers meet diverse student needs. Though distance or flexible learning poses new challenges, teachers can use universal design principles to support every student. In coaching or in a Virtual Workshop, participants will:
- Define the challenges and potential of distance learning for different students
- Explore real-world scenarios and the tools and strategies to address them
- Build and get peer feedback on their plan for supporting all students

Stop the Slide: Using Data to Address Academic Gaps
Students will need support addressing learning gaps more than ever as they grapple with the “COVID slide”. There are no shortcuts—just fundamental teaching principles, in a new context. In coaching or in a Virtual Workshop, participants will:
- Define the 5 tips for stopping the slide, including universal design for learning, mastery-based models, and more
- Explore strategies and tools
- Build and get peer feedback on their plan to address gaps

Flexible Math: Introduction to Student-Centered Math Practices
Student-centered math has been shown to have significant impact on student learning and confidence. Whether in school or at a distance, teachers can help learners grasp the “why” of math, communicate their ideas, and make connections. In coaching or a Virtual Workshop, participants will:
- Define student-centered math and flexible learning
- Explore scenarios and strategies like choice-boards
- Build and get peer feedback on their plan to incorporate student-centered practices

Tech Tools for Math: Student-Centered Practices that Would Make Pythagoras Proud
There are so many tech tools for math. How to choose the ones that meet your learning goals in your context, and then help students and families build ownership? In coaching or a Virtual Workshop, participants:
- Define student-centered math practices
- Explore tech tools that promote discourse, make learning visible, and more
- Build and get peer feedback on their plan for choosing and implementing tech tools

Math Language Routines: Deepening Student Thinking and Communication Skills
Math Language Routines are protocols that students can use to deepen their mathematical reasoning and ability to communicate it. Originally developed to support English Learners, they help all students develop their language and analytical skills. In coaching or a Virtual Workshop, participants will:
- Define 8 Math Language Routines, through hands-on application
- Explore strategies that support one of the Routines
- Build and get peer feedback on a plan to implement the Routines in your distance learning, hybrid, or in person class

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NOTES
**Flexible Literacy:** Introduction to Student-Centered Literacy Practices

Flexible, student-centered literacy gives students agency. It helps them engage deeply with text, providing opportunities for collaboration and authentic assessment—whether in the classroom or virtually. In coaching or a Virtual Workshop, participants will:

- Define student-centered literacy and flexible learning
- Explore scenarios and strategies
- Build and get peer feedback on their plan to incorporate student-centered literacy practices

**Tech Tools for Literacy:** Beyond the Screen, into the Story

Though we don’t always think of literacy and technology as closely linked, tech tools provide a wealth of opportunity for students to discuss, explore, get feedback, and read complex texts. In coaching or in a Virtual Workshop, participants will:

- Define the instructional purposes of literacy instruction
- Explore 3 tech tools through real-life teaching scenarios
- Build and get peer feedback on their plan for implementing new tools

**Student-Driven Writing Systems:** Building Ownership

Effective writing is essential to every subject area, but often students view it as a chore. How can we build student ownership by offering choices, feedback, the right tech tools, and authentic writing opportunities—in distance learning or in classroom? In coaching or in a Virtual Workshop, participants will:

- Define the components of student-driven writing systems
- Explore strategies to integrate student-driven writing into any content area, including distance learning
- Build and receive peer feedback on their plan to create engaging writing experiences

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**Number Sense:** Engaging Young Learners in Math at a Distance

Young children learn best by exploring the world around them, hands-on. This can make distance learning more challenging, especially for building foundational math concepts. In coaching or a Virtual Workshop, participants will:

- Define their math goals for young learners and for family involvement
- Explore engaging on and off-screen activities that PreK-2 students can do, often with families
- Build and receive peer feedback on a plan to design engaging math activities and involve caretakers

**Early Literacy:** Building Foundational Skills in a Flexible Setting

Literacy is not always thought of as a “hands-on” subject. But for our youngest learners it’s especially important to learn from what’s around them, particularly when doing remote learning. In coaching or a Virtual Workshop, participants will:

- Define foundational reading skills, with a focus on phonemic awareness and phonics
- Explore on an off-screen strategies to support families in building students’ literacy skills
- Build and get peer feedback on a plan to build foundational literacy skills by engaging families
Virtual Workshops for Specific Curricula

**Open Up Resources (OUR) Math: Defining Problem-Based Learning**

Open Up Resources 6-8 Math uses a problem-based approach to develop students' conceptual understanding of mathematics. Teachers need to experience key lesson components as both students and educators to inform their shifts in planning for student discourse and inquiry. In this 2-hour virtual workshop, participants will:

- Define problem-based learning by working through a task together
- Explore a lesson from the curriculum to see how it is designed to promote problem-based math learning
- Build a foundational understanding of the key characteristics of the OUR 6-8 Math Curriculum

**Open Up Resources (OUR) Math: Deep Dive into Unit 1**

Before launching any unit of study, it is essential to analyze assessments and trace the learning progression to understand the depth and rigor of the unit content. This experience will guide participants through a process for unit planning, with a focus on preparing to teach Unit 1. In this 2-hour virtual workshop, participants will:

- Define the OUR 6-8 Math Curriculum's approach to building conceptual understanding over the course of a unit
- Explore the various unit materials and assessments provided in the curriculum
- Build an understanding of how to trace the learning progression over the course of a series of lessons

**EL Education: Launching the EL Curriculum**

The EL Education K-8 curriculum is designed to support rigorous language and literacy teaching. Teachers need time to understand the overall design principles, navigate the curricular resources, and explore the shifts that are necessary to promote student-centered Learning. The shift to student-centered learning is challenging and requires teachers to reflect on their teaching and mindset. In this 2-hour virtual workshop, participants will:

- Define the overview of the curriculum and design principles
- Explore the 8 High-Leverage Practices and materials
- Build an understanding of the curriculum in order to promote reflection on shifts needed to make to bring the EL curriculum to life in their classroom

**EL Education: Intro to Skills Block (Grades K-2)**

Skills Block is the component in the curriculum which supports phonics instruction in grades K-2. Teachers need time to explore and orient themselves with the structure and materials of skills block in order for teachers to develop an understanding of how students are progressing as readers during implementation. In this 2-hour virtual workshop, participants will:

- Define the research and rationale for a structured phonics program
- Explore structure of Skills Block and the materials in the Resource Manual
- Build an understanding of the components of Skills Block and how they support foundational skill mastery

NOTES

These are just a sample of the many Virtual Workshops we offer on specific curriculum, including OUR, EL Education, Newsela, Labster and more. For the full list, schedule a consultation or speak to your current BetterLesson partner.
Communicating Your Strategic Vision: Getting Everyone On the Bus Effectively

Leading in the midst of big changes means more than just writing plans and issuing statements—it means investing in the community and building trust. In coaching or in a Virtual Workshop, leaders will:

- Define the “external” and “emotional” path in communication
- Explore examples of how other leaders position their vision, role, and ask
- Build and get peer feedback on their strategic plan

Flexible Learning 101: Best Practices and Big Ideas

Flexible learning puts students at the center—whether they’re in school or at home. Leaders need to understand the best practices and new skills teachers need in order to support their educators. In coaching or in a Virtual Workshop, leaders will:

- Define the components of flexible learning, including synchronous/asyncronous learning, assessment, and culture
- Explore examples of effective learning tasks and tech tool integration
- Build and get peer feedback on their vision for student success

Leading for Equity: Prioritizing Needs and Ensuring Access to Resources

Equity is about ensuring all students have the technology access, social-emotional support, family partnerships, rigorous coursework, inclusive communities, fair assessment and more needed to thrive. In coaching or in a Virtual Workshop, leaders will:

- Define equity in flexible learning
- Explore scenarios on topics like tech access, English learners, and students with disabilities
- Build and get peer feedback on their equity plan

Strategic Planning Prework: Building Awareness Around Key Shifts

To guide their communities through a big change such as flexible learning, leaders must build trust, set goals, and prioritize steps. In coaching or in a Virtual Workshop, leaders will:

- Define “leading through change” and consider district and school structures, culture, family support, equity and access, instruction, and student engagement
- Explore real-world scenarios and responses
- Build and get peer feedback on their strategic plan

Strategic Planning: Goals and Objectives of an Instructional Plan

No school or district can tackle everything all at once. Leaders must identify instructional focus areas that are clear, actionable, and narrow, and will guide teacher professional development. In coaching or a Virtual Workshop, leaders will:

- Define the traits of an effective instructional focus area
- Explore how to address focus areas in different contexts, from in-school to hybrid to distance learning
- Build and get peer feedback on their strategic plan
Flexible Assessment for Leaders: Strategically Approaching Data and Feedback

In a flexible learning environment, we also need flexible assessments that are fair, authentic, formative, and useful in the classroom or online. Assessment can be a tool for learning, feedback and motivation. In coaching or in a Virtual Workshop, leaders will:

• Define the four purposes of assessment and what could change now
• Explore how to effectively collect data from reliable tools and feedback from stakeholders
• Build and get peer feedback on their data dashboard plan

Instructional Coaching: Redefining and Strengthening the Coach Role

Student-centered instructional coaches partner with teachers to design learning. They not only offer emotional support and resources, but strategic guidance to identify challenges and solutions. In coaching or in a Virtual Workshops, participants will:

• Define the role of instructional coach, including in distance learning
• Explore coach lenses like change management, emotional intelligence, systemic oppression and adult learning
• Build and get peer feedback on their plan to develop an effective instructional coach role for rolling out tech

Collaborative Professional Learning: Fostering Effective Teacher Communities

Professional Learning Communities (PLCs) as well as in-service or PD days are opportunities for collaborative professional learning. This means creating teacher communities, rooted in peer feedback and reflection. In coaching or a Virtual Workshops, participants will:

• Define PLC and collaborative professional learning
• Explore different frameworks and protocols leaders can use to build collaboration into PLCs or in-service days
• Build and get peer feedback on a plan to strengthen your collaborative PD culture
Caregiver Connection:
Setting Up Systems to Partner With Families
Flexible learning requires deep communication and partnership with families. Leaders should ensure teachers do not bear the full burden of partnership by considering issues like expectations, trust, and resource planning. In coaching or in a Virtual Workshop, leaders will:
- Define “caretaker connection” and family perspectives
- Explore real-life scenarios and strategies
- Build and get peer feedback on their plan to connect with caregivers

Supporting Wellness: Utilizing Mindfulness to Meet the Emotional Needs of Your Team
Cultivating a reflective, positive school culture that supports staff wellness is essential for leadership. By developing those practices with their team, leaders also model how to support students through an emotional and traumatic time. In coaching or in a Virtual Workshop, leaders will:
- Define wellness for yourself and your community
- Explore strategies and real-life scenarios
- Build and get peer feedback on their plan to develop wellness practices with your staff

Rolling Out Tech: Selecting and Operationalizing Tools
To roll out technology successfully, leaders should start with the why, then examine the capacity of stakeholders and the context within which they’ll adopt. In coaching or a Virtual Workshop, participants will:
- Define the instructional purposes of technology
- Explore the common obstacles and options for tech uptake
- Build and get peer feedback on their plan for rolling out tech
BetterLesson’s Virtual PD Services

Virtual Workshops
2-hour virtual, interactive learning experiences facilitated by BetterLesson Flexible Learning coaches and centered around a specific topics within our Flexible Learning menu—either done as stand alone events or as a customized series. Simple and adaptive scheduling and registration to accommodate a range of scale. Leverages video-conferencing tools such as breakout rooms and participant polls etc. to model active pedagogy. Participants practice with exactly the tools they’ll use with students.

1:1 Virtual Coaching
One-on-one virtual coaching that can be directed towards teachers, school leaders, and instructional coaches. The synchronous video calls are expertly personalized and intentionally aligned with district learning goals. Coaches support teachers and leaders to design and implement engaging and effective flexible environments for their learners, and/or to answer urgent tactical questions around teaching and learning in an evolving environment.

Strategic Consulting for Leaders
One-on-one virtual strategic consulting designed for leaders. The synchronous consulting process includes:
• A Strategic Scan to identify strengths and areas of opportunity
• Vision and goal setting
• Identification of focus areas and actions to prioritize to achieve goals
Leaders will also establish systems for monitoring and evaluating progress to ensure that the strategic plan is implemented with fidelity and produces the desired results.

To learn more about how to choose the professional learning plan that works for your school or district, schedule a consultation with BetterLesson.